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Kayaking to the Jungle in Nicaragua

By SHIVANI VORA AUGUST 21, 2014 11:09 AM [Comment](#)

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The Rio San Juan in Nicaragua. Green Pathways

Nicaragua has recently become a popular tourist destination for its eco-friendly resorts, unspoiled beaches and waves popular with surfers.

Now, travelers have a chance to discover a different part of the Central American country with a kayaking trip down the Rio San Juan from [Green Pathways](#), an eco-tourism company based in the country.

The 12-day journey goes into the heart of the Indio Maiz Biosphere Reserve, which is home to more than 1,000 species of birds, mammals, insects and amphibians.

Highlights include swimming in waterfalls, fishing for lobster and shrimp for dinners, wildlife treks to spot animals such as howler monkeys and jaguars and meeting with the local indigenous community of Rama Indians.

In addition to kayaking, the groups, which are limited to 10 people per trip, also participate in half-day hikes through the dense jungles to see natural ruins. For the first half of the trip, they pitch their own tents and sleep by a campfire alongside the river, and on the second half, they stay in wooden huts in the Rama villages.

Gemma Cope, founder of the company, said that the area has plenty of sights but is virtually unexplored.

“This is a beautiful part of the country which is exciting to visit because it has history, local culture and wildlife literally jumping out at you,” she said in a phone interview. Price is \$1,895 all inclusive.

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